

Families Thanksgiving Mass & Lunch

28.11.2026

13:00

St Thomas of Canterbury & the English Martyrs Catholic Church, Royston



Welcome

This year, under the theme "Honouring the Past; Empowering the Future," we give thanks to the Lord:

For the enduring legacy of St Rose's Senior High School, Akwatia, Ghana, and the generations of women shaped by its excellence, faith, and sisterhood;

For the dedication and service of our outgoing Steering Team over the past few years, and for our new Leadership Team as they guide us towards an empowering future;

For the continued unity of the ROSA family and our commitment to empowering future generations through initiatives such as *Chair for a Child*;

For the gift of life, our families and communities, and God's blessings and guidance throughout 2026.

ROSA UKEU

How do I join ROSA UKEU?



For updates follow us:







email us @info@rosaukeu.org
call us: +44 (0) 7513283561

All donations welcome

Please scan the code or click the link below to donate

Sister Solamen Ott Bursary

https://www.zeffy.com/en-GB/ticketing/homecoming-families-thanksgiving-mass-and-lunch--2026

A Chair for a Child

https://gofund.me/371e12ef6

Thank you for your kind donation.

Programme

Mass

Kofi & Ama

Swearing in - Leadership

Pictures

Lunch

Mass

Entrance Song

Hymn 1

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Penitential Rite

I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have
failed to do,
And, striking their breast, they say:
through my fault, through my fault,
through my most grievous fault;
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

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The Gloria

Chorus
Gloria gloria in excelsis deo

Verse 1
Lord God heavenly King
Peace You bring to us
We worship You
We give You thanks
We sing our song of praise

Verse 2
Jesus Saviour of all
Lord God Lamb of God
You take away our sins
Oh Lord have mercy on us all

Verse 3
At the Father's right hand
Lord receive our prayer
For You alone are the Holy One
And You alone are God

Verse 4
Glory Father and Son
Glory holy Spirit
To You we raise our hands up high
We glorify Your name

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The Collect

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Liturgy of the Word

1st Reading - Sirach 44:1-11

Let us now praise famous men,
and our fathers in their generations.
2 The Lord apportioned to them[a] great glory,
his majesty from the beginning.
3 There were those who ruled in their kingdoms,
and were men renowned for their power,
giving counsel by their understanding,
and proclaiming prophecies;
4 leaders of the people in their deliberations
and in understanding of learning for the people,
wise in their words of instruction;
5 those who composed musical tunes,
and set forth verses in writing;
6 rich men furnished with resources,
living peaceably in their habitations-
7 all these were honored in their generations,
and were the glory of their times.
8 There are some of them who have left a name,
so that men declare their praise.
9 And there are some who have no memorial,
who have perished as though they had not lived;
they have become as though they had not been born,
and so have their children after them.
10 But these were men of mercy,

whose righteous deeds have not been forgotten;
11 their prosperity will remain with their descendants,
and their inheritance to their children's children.

The word of the Lord.
Response: Thanks be to God

Responsorial Psalm 145: 13c-21

Response: The Lord is trustworthy in all he promises
and faithful in all he does.[c] **R.**

14 The Lord upholds all who fall
and lifts up all who are bowed down.
15 The eyes of all look to you,
and you give them their food at the proper time.
16 You open your hand
and satisfy the desires of every living thing. **R.**

17 The Lord is righteous in all his ways
and faithful in all he does.
18 The Lord is near to all who call on him,
to all who call on him in truth. **R.**

19 He fulfils the desires of those who fear him;
he hears their cry and saves them.
20 The Lord watches over all who love him,
but all the wicked he will destroy. **R.**

21 My mouth will speak in praise of the Lord.
Let every creature praise his holy name
for ever and ever. **R.**

2nd Reading - 1 Corinthians 1:3-9

4 I always thank my God for you because of his grace given
you in Christ Jesus. 5 For in him you have been enriched in
every way—with all kinds of speech and with all
knowledge— 6 God thus confirming our testimony about
Christ among you. 7 Therefore you do not lack any spiritual
gift as you eagerly wait for our Lord Jesus Christ to be
revealed. 8 He will also keep you firm to the end, so that
you will be blameless on the day of our Lord Jesus Christ.
9 God is faithful, who has called you into fellowship with
his Son, Jesus Christ our Lord.

The word of the Lord.
Response: Thanks be to God

Please all stand to greet the gospel and remain standing through the gospel reading.

Alleluia, alleluia.
Let the peace of Christ rule in your hearts;
let the word of Christ dwell in you richly.
Alleluia.

Gospel - Luke 17:11-19

Please all stand through the gospel reading

11 Now on his way to Jerusalem, Jesus traveled along the
border between Samaria and Galilee. 12 As he was going
into a village, ten men who had leprosy[a] met him. They
stood at a distance 13 and called out in a loud voice, "Jesus,
Master, have pity on us!"

14 When he saw them, he said, "Go, show yourselves to the
priests." And as they went, they were cleansed.

15 One of them, when he saw he was healed, came back,
praising God in a loud voice. 16 He threw himself at Jesus'
feet and thanked him—and he was a Samaritan.

17 Jesus asked, "Were not all ten cleansed? Where are the
other nine? 18 Has no one returned to give praise to God
except this foreigner?" 19 Then he said to him, "Rise and go;
your faith has made you well."

The Gospel of the Lord.
Response: Praise to you, Lord Jesus Christ

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Homily

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The Prayer of the Faithful

When called please move forward to the lectern

Priest:
Heavenly Father, as we gather in thanksgiving, honouring the past and empowering the future, we bring before you our prayers for our ROSA community, our families and the world.

1. For St Rose's Senior High School - *ROSA 1986*
We pray for our school, its pupils, teachers, staff and leadership. May it continue to nurture faith, wisdom and integrity. Bless our *Chair for a Child* appeal, that our generosity may help provide children with the support they need to learn and flourish.
Reader: Lord, in your mercy.
Response: Hear our prayer.

2. For ROSA UKEU - *PERSCOBA*
We pray for ROSA UKEU, its leaders and members. Deepen our friendship, strengthen our unity and guide our service. May we honour the legacy entrusted to us through actions that create opportunities for the generations to come.
Reader: Lord, in your mercy.
Response: Hear our prayer.

3. For ROSA Global - *Amanfoɔ* - *Ishmael Opoku-Gyamfi*
We pray for ROSA Global and our sisters throughout the world. Across countries and generations, may our shared heritage unite us in love and purpose, inspiring us to support one another and contribute generously to our school and communities.
Reader: Lord, in your mercy.
Response: Hear our prayer.

4. For UK Alumni - *APSU* - *Enoch Yankey*
We pray for all our alumni living in the United Kingdom. Bless their

work, studies and endeavours. May those who feel isolated find friendship, those facing difficulties receive support, and each person find ways to share their gifts for the good of others.
Reader: Lord, in your mercy.
Response: Hear our prayer.

5. For our Families - *Accra Academy*
We pray for our families and all those dear to us. Strengthen the bonds between generations, grant healing to the sick and bring reconciliation where relationships are strained. May our homes be places of love, patience, faith and belonging.
Reader: Lord, in your mercy.
Response: Hear our prayer.

6. For the Church - *MOGA -* *Wilma Solomon*
We pray for the Pope, Cardinals, Archbishops, Bishops, Priests and all religious. Sustain them in their vocations and guide them with wisdom, humility and courage. May their lives reflect Christ's compassion, especially towards the vulnerable and those in need.
Reader: Lord, in your mercy.
Response: Hear our prayer.

7. For Peace - *HOPSA -* *Catherine Blankson*
We pray for peace in our world, our homes and our hearts. Protect those suffering through war and violence and guide leaders towards justice and reconciliation. Help us to forgive, to listen with understanding and to become peacemakers in our daily lives.
Reader: Lord, in your mercy.
Response: Hear our prayer.

8. For Departed ROSAs and Their Families - *ROSA 2006*
We remember with love all ROSAs who have died this year. Receive them into your eternal peace, and comfort their families, friends and

classmates. May the love they shared and the good they did continue to bear fruit in our lives.
Reader: Lord, in your mercy.
Response: Hear our prayer.

9. In Thanksgiving - *ROSA 1996*
We give thanks for the gift of life and for all the birthdays, anniversaries and milestones celebrated this year. In joyful times and through difficulties, may we recognise your faithful presence and respond to your blessings with grateful hearts and generous lives.
Reader: Lord, in your mercy.
Response: Hear our prayer.

10. For Our New Leadership -
For the new leadership of ROSA UKEU, that the Lord may grant them wisdom, strength and unity as they build upon the legacy of those who came before them, guiding our association towards an empowering future rooted in faith, service and sisterhood.
Reader: Lord, in your mercy.
Response: Hear our prayer.

ROSA 2016
We ask our mother Mary to join her prayers with ours, as we say …

Hail Mary, full of grace,
the Lord is with thee;
Blessed art thou among women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners, now and at the hour of our death. Amen.

Priest:
Loving Father, receive the prayers we offer in faith. Help us to cherish

those who came before us, care for one another today and build a future of hope for those who follow. Through Christ our Lord.
Amen.

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The Liturgy of the Eucharist

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1st Collection

For the Catholic Chaplaincy
Medley of Songs

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Offertory Procession

Envelopes - Local Parish
Dry & Canned Goods - Royston Food Bank
Songs 1, 2, 3, 4, 5

Mystery of Faith

When we eat this Bread
and drink this Cup,
we proclaim your Death, O Lord,
until you come again.

The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.

Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass
against us;

and lead us not into temptation,
but deliver us from evil.

For the kingdom,
the power and the glory are yours
now and for ever.
Amen.

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Communion

Hymns 2, 3

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Kofi & Ama

In Support of Sister Solamen Ott Bursary Fund

Songs 6, 7, 8, 9, 10

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Swearing in of New Leadership

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Results - Kofi & Ama

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Dismissal

Hymn 4

Hymns & Songs



Hymn 1

This is the Day

This is the day, this is the day
that the Lord has made,
that the Lord has made;
we will rejoice,
we will rejoice and be glad in it,
and be glad in it.
This is the day that the Lord has made;
we will rejoice and be glad in it.
This is the day,
this is the day that the Lord has made.

Hymn 2

Soul of My Saviour

[1] Soul of my Savior, sanctify my breast;
Body of Christ, be thou my saving guest;

Blood of my Savior, bathe me in thy tide;
Wash me with water flowing from his side.

[2] Strength and protection may thy Passion be;
O Blessed Jesus, hear and answer me;
Deep in thy wounds, Lord, hide and shelter me;
So shall I never, never part from thee.

[3] Hear me, Lord Jesus, listen as I pray;
"Lead me from night to never ending day.
Fill all the world with love and grace divine,
And glory, laud, and praise be ever thine."

Hymn 3

Sweet Sacrament Divine

1 Sweet Sacrament divine,
hid in thine earthly home,
lo, round thy lowly shrine,
with suppliant hearts we come;
Jesus, to thee our voice we raise
in songs of love and heartfelt praise:
sweet Sacrament divine.

2 Sweet Sacrament of peace,
dear home for every heart,
where restless yearnings cease
and sorrows all depart;
there in thine ear all trustfully
we tell our tale of misery:
sweet Sacrament of peace.

Hymn 4

Now thank we all our God

1 Now thank we all our God
with heart and hands and voices,
who wondrous things has done,
in whom his world rejoices;
who from our mothers' arms
has blessed us on our way
with countless gifts of love,
and still is ours today.

2 O may this bounteous God
through all our life be near us,

with ever joyful hearts
and blessed peace to cheer us,
to keep us in his grace,
and guide us when perplexed,
and free us from all ills
of this world in the next.

[3] All praise and thanks to God
the Father now be given,
the Son and Spirit blest,
who reign in highest heaven
the one eternal God,
whom heaven and earth adore;
for thus it was, is now,
and shall be evermore.

Song 1

Aseda Nyina Ye Wo De

Aseda nyinaa yɛ wodze, Jesus,
me botantim Nyame
Ayeyi nyinaa yɛ wodze, Jesus
M'akokyɛm ne m'abankɛse, ne wo
Onyame nea w'ayɛ dɔɔso
W'adom nti na yɛ tease
Aseda nyinaa yɛ wode, Jesus
Yɛbɛka nea w'ayɛ akyerɛ aman, Jesus
Yɛbɛbɔ wo din, daa daa,
M'akokyɛm ne m'abankɛse, ne wo

Song 2

Misidɛn me kamfo Wo

Misidɛn me kamfo wo, me Nyame misidɛn me kamfo wo

Onyame w'aye bi ama me 'o, misidɛn me kamfo wo x2

Mɛbɔ wo din akyerɛ aman
Me Nyame, mɛbɔ wo din akyerɛ aman x2

Onyame w'aye bi ama me 'o
Mɛbɔ wo din akyerɛ aman x2

Song 3

Okura me mu, obo meho ban,
Okura me mu, obo meho ban
ɔka meho abere nyinaa,
Yesu a, manya no yi,
me gyidi meyɛ nkunimdifo. (Repeat verse)

chorus
Ahum betu asorɔkye bɛbɔ
Ɔhaw ne adwendwen bɛba
Daa Ɔbɛka amame o daa obedi amame o
Daa Ɔne menam nti mensuro koraa
Yesu a m'anya no yi megyidi me yɛ nkonimdifoɔ

Song 4

Yesu ye, oye ma me
ɛsɛ me sɛ me da n'ase oo daa x2
Ɛsɛ me sɛ me da n'ase oo daa x2
Yesu ye, oye ma me
Ɛsɛ me sɛ me da n'ase daa.

2nd stanza
Yesu ye, oye ma me
Ɛsɛ me sɛ me yi n'ayɛ oo daa. x2

Ɛsɛ me sɛ me yi n'ayɛ oo daa x2
Yesu ye, oye ma me, ɛsɛ me sɛ me yi n'aye daa.

Song 5

Me De Aseda (Ɛsɛ Sɛ Me Da N'ase)

Me de aseda, me de ayɛyi bɛma Onyame wɔ n'adɔyɛ kɛse a ɔde adom me
Mɛ yi n'ayɛ mɛ bɔ ne din akyerɛ aman

Agya Nyame sɛ ayɛyi oo x2

Nyame ayɛ bi ama me,mɛ kamfo no daa nyinaa
Nyame ayi me afri mu su ne asan nyinaa mu oo
Me de (mɛ da) me honam (n'ase), me homan, me de me honam nyina
bɛyi me gyefo n'ayɛ oo x2

Ɛsɛ sɛ me yi n'ayɛ, ɔsɛ ayɛyi oo (katakyie - by treble)
Ɛsɛ sɛ me da n'ase, ɔsɛ naase oo x2

(Onyame eeei - by treble) Ɛsɛ sɛ me yi n'ayɛ,
ɔse ayɛyi ooo (katakyie)
Ɛsɛ sɛ me da n'ase, ɔsɛ naase oo x2

(Nyame nwanwani ee - treble) Ɛsɛ sɛ me yi n'ayɛ,
ɔse ayɛyi oooo (katakyie)
Ɛsɛ sɛ me da n'ase, ɔsɛ naasoo x2

(Nyame katakyie ee - by tenor & alto) Ɛsɛ sɛ me yi n'ayɛ,
ɔse ayɛyi oo (katakyie)
Ɛsɛ sɛ me me da n'ase, ɔse naase ooo x2

(Ɔkyeso Nyame eee - by bass) Ɛsɛ sɛ me yi n'ayɛ,
ɔse ayɛyi ooo (katakyie)
Ɛsɛ sɛ me da n'ase, ɔsɛ naaso ooo x2

Nyame ayɛ bi ama me mɛ kamfo no daa nyinaa,
Nyame ayi me afri mu su ne asan Nyana mu ooo

Me de (mɛ da) me honam, (n'ase) me honam, me de me honam nyinaa
bɛyi me gyafo n'ayɛ oo x2

Ɛsɛ sɛ me yi n'ayɛ, ɔsɛ ayɛyi ooo (katakyie)
Ɛsɛ sɛ me da n'ase, ɔsɛ naase oo x2

(Onyame eeeei - by treble) Ɛsɛ sɛ me yi n'ayɛ ayɛ,
ɔsɛ ayɛyi ooo (katakyie)
Ɛsɛ sɛ me da n'ase, ɔsɛ naasoo x2
(Nyame nwanwani eee by treble) Ɛsɛ sɛ me yi n'ayɛ,
ɔsɛ ayɛyi oo
Ɛsɛ sɛ me da n'ase, ɔse naase oo x2
(Nyame katakyie - by tenor & alto) Ɛsɛ sɛ me yi n'ayɛ,
ɔsɛ ayɛyi ooo (katakyie)
Ɛsɛ sɛ me da n'ase, ɔsɛ naase x2

(Ɔkyeso Nyame - by bass) Ɛsɛ sɛ me yi n'ayɛ,
ɔsɛ ayɛyi ooo (katakyie)
Ɛsɛ sɛ me da n'se, ɔsɛ naaase x2

Nyame ayɛ bi ama me mɛ kamfo no daa nyinaa,
Nyame ayi me afri mu su ne asan nyinaa mu ooo
Me de (mɛ da) me honam, me de (n'ase) me honam nyinaa
bɛyi me gyefo n'ayɛ oo.

Song 6

Mida akpe na Mawu

Mida akpe na Mawu
Mia me gbe tɔwo kple nuwo kata
E kpɔa mia dzi
E na agbe mi, wòvea mia nu
He xɔa na mi
Akpe mia da nɛ, Akpe mia da nɛ
E lɔna mi ŋutɔ
Repeat
Mawu akpe na wo, akpe na wo
Tso aseye, aseye na Mawu, gã
Mikafu efe ŋkɔ, midoe ɖe dzi, dzidzime wo keŋ,
tegbe tegbe
Mikafu efe ŋkɔ, midoe ɖe dzi, dzidzime wo keŋ

Song 7

Malɔ wò ko ɖaa he,
Wò nye ɖela!
(You my Saviour)
Mado ɣli gbe sia gbe,
(I will proclaim every day)
Ðdi kple fiẽ be:
(Morning and evening)
Malɔ̃ wò ko ɖaa he,
(I will love you alone always)
Malɔ̃ wò nye ɖela,
(I will love you my Saviour)
I: Malɔ̃ wò ɖaa! :I
(I will love you alone always)

Song 8

Nye Mawu e, yata m'akafui
(He's my God so I will praise him)
Fofonye fe Mawu e
(My father's God)
Eyata m'adoe de dzi
(So I will exalt Him/lift Him high)

Yehowa enye avaworla
(Jehovah is a warrior)

Enkor enye Yehowa x2
(His name is Jehovah)

Yehowa (3x) bubu na wo
(Jehovah, honour to you)

Song 9

Manor Mawu si nu kpoor
(I will be expecting God's hand to move on my behalf)
Manor kpoor
(I will be expectant/I will be looking up to him)
Nye m'abu morkporkpor oo
(I will not lose hope)
Manor kpoor
(I will be expectant/I will be looking up to him)
Nusianu si owor la enyo
(Everything he does is good)

Song 10

Enyo (x3) loo
Enyo (x3) ooo ooo ooo

(It's good)
Mesiame le me, enyo (Everyone is a part)
Awoe looo Awoe (He will do it ooo, He will do it)
Esusor vie Yesu ka le nane woge (In a short while, Jesus will do another great thing)
Esusor vie, awoe (In a short while, He will do it)

Order of Pictures

Please join us in the church hall for commemorative pictures

New Leaders + Steering Team

ALUMNI GH UK + ROSA UKEU

PERSCOBA + ROSA UKEU

ROSA UKEU + Priests

ROSA UKEU

ROSA 1986

ROSA 1996

ROSA 2006

ROSA 2016

Lunch

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3:30pm

Welcome

New Leadership Message

School Anthem

See page 33

Celebrating Year Groups Message

Lunch

ROSA UKEU LEADERSHIP

Honouring the Past; Empowering the Future



Brenda Ohene
('85)
President



Sarah Ohemaa Appiah
('91)
Vice President



Eleanor Sarpong née Adzaho
('94/'96)
Secretary



Jennifer Mensah
('93)
Financial Secretary

ROSA UKEU LEADERSHIP

Honouring the Past; Empowering the Future



Maame Ahenkorah-Bediako
('94/'96)
Deputy Financial Secretary



Yvonne Doku
('96)
Organising Secretary



Bernice Anoquah
('96)
Welfare Officer

ROSA UKEU

congratulates you

2026 (Nov) - 2029 (Nov)

ROSA UKEU LEADERSHIP

Honouring the Past; Empowering the Future

No matter how far life has taken us, there are certain sounds, memories, and experiences that instantly bring us home."
For many of us, it is the memory of St. Rose's: the banging of doors, the dragging of feet, the lessons learned with hoes and cutlasses, the etiquette of the dining hall, and the friendships that have stood the test of time. Though our journeys have taken us across countries, careers, and continents, those experiences continue to unite us as ROSA.
It is a privilege to serve as your newly elected executives, and we thank you for the confidence you have placed in us.
As we reflected on what makes a St. Rose's education so special, three words stood out: Honour. Celebrate. Embrace.
We must honour our past. Our history is the vehicle that brought us to this moment. The memories we share are more than stories from another time. They are part of who we are. They remind us of our resilience, our discipline, our friendships, and our growth. To honour our past is not to dwell there, but to recognise how it has shaped us.
We must celebrate our present. Today, ROSAs are making meaningful contributions across professions, communities, and countries. Every achievement strengthens our collective legacy. Celebrating those successes means celebrating one another.
And we must embrace our future. The future may seem uncertain, but it is also full of possibility. Think back to your very first day at St. Rose's. We arrived with hopes, dreams, and ambitions for what lay ahead. That same spirit should guide us now.
As your incoming executives, we are committed to being visionary and purposeful leaders, focused not only on

preserving our cherished heritage but also on creating opportunities for future generations of ROSAs.
The philosopher Søren Kierkegaard said, "Life can only be understood backwards; but it must be lived forwards." Those words capture our journey perfectly.
So, as we begin this new chapter together, let us honour our past, celebrate our present, and embrace our future.
Because when we celebrate our shared memories, we celebrate our shared identity.
Celebrating such memories means celebrating us all.
Thank you.

Leadership ROSA UKEU (2026-2030) *
*Brenda Ohene *1985* Sarah Ohemaa Appiah *1991* Eleanor Adzaho Sarpong *1994* Jennifer Lawson *1993* Maame Ahenkorah-Bediako *1994* Yvonne Doku *1996* Bernice Anoquah *1996*

St Rose's Anthem

The earth resounds with songs from St Rose's
Joyful hearts sing with peace and love
To God we pledge our lives from St Rose's
Our service to all men

Chorus
To our alma mater we'll be loyal
Our motto ever be Rose's to uphold
Knowledge and virtue will lead us through life from St. Rose's
Our hearts aglow, our spirits go high.

To our alma mater we'll be loyal
Our motto ever be Rose's to uphold
Knowledge and virtue will lead us through life from St. Rose's
Our hearts aglow, our spirits go high.

Arise ye Ghana Youth from St. Rose's
Take a stand for your Motherland
To spread the light of truth from St. Rose's
May our God be our guide.

Chorus
To our alma mater we'll be loyal
Our motto ever be Rose's to uphold
Knowledge and virtue will lead us through life from St. Rose's
Our hearts aglow, our spirits go high.

To our alma mater we'll be loyal
Our motto ever be Rose's to uphold
Knowledge and virtue will lead us through life from St. Rose's
Our hearts aglow, our spirits go high.

Special Thanks

Father Philip Knights
Parish Priest
St Thomas of Canterbury and the English Martyrs
Royston

Father Michael Amponsah
Chaplain
Ghanaian Catholic Chaplaincy UK

ALUMNI GH UK
PERSCOBA UK
AMANFOƆ
MOGA UK
HOPSA UK
ACCRA ACA UK
APSU

Thank you all for coming.

See you next year.




ROSA
UKEU